



UrologyAustin

Ultrasound Preparation Instructions

Appointment Location :

___ 16040 Park Valley Dr, Bldg. A, Suite 111, Round Rock, TX 78681	Phone: (512) 788-9688
___ 8701 North Mopac, Suite 100, Austin, TX 78759	Phone: (512) 788-9688
___ 1900 Scenic Dr, Ste 1114, Georgetown, TX 78626	Phone: (512) 788-9688
___ 1401 Medical Pkwy Bldg B Suite 101, Cedar Park, TX 78613	Phone: (512) 788-9688
___ 608 Radam Lane, Austin, TX 78745	Phone: (512) 788-9688

How to Prepare & What to Expect During Your Ultrasound

- **Do** take your medications as usual, unless otherwise instructed by your Physician.
- Please wear loose-fitting clothes for easy access to the area being evaluated.
- **ABDOMINAL ULTRASOUND –**
 - **Only clear liquids by mouth 4 hours prior to your exam.**
 - **Drink at least 24 oz of water 1 hour prior to the exam.** Please hold your urine until you are called back for the exam.
- **RENAL (KIDNEY) ULTRASOUND –**
 - **Drink at least 24 oz of water 1 hour prior to the exam.** Please hold your urine until you are called back for the exam.
- **SCROTAL ULTRASOUND –**
 - No preparation needed.
- **PENILE ULTRASOUND –**
 - No preparation needed.
 - If you are on erectile dysfunction medication, please stop 72 hours prior to your exam.
 - During the exam: An injection will be given that may give you a partial to full erection. 60-120mg of Sudafed is recommended if a full erection lasts more than 2 hours. There are no restrictions after your visit.

Billing Questions:

- Most insurance plans **DO NOT** cover 100% of the cost of your exam. Urology Austin will bill your insurance for the ultrasound (if applicable) or collect at the time of service if you are self-pay. Any pre-collections are only an estimate based on your benefits plan information. The final amount will be determined once processed by your insurance company.
- **Austin Radiology Association (ARA)** will bill you **separately** for the Radiologist, if they read the ultrasound. If you have questions about the billing for Austin Radiology Association (ARA), please call (888) 597-9729.

Follow Up After Your Scan:

- If you have any problems after the ultrasound, please contact the office of your Urologist at (512) 788-9688.
- If you would like digital copies of your exam, please contact ARA: <https://www.aurad.com/contact-ara/patient-medical-records-request/>